



**TEAM RALLY TRAINING GUIDE**  
**CareReady® Hands**

	<b>ACTION</b>	<b>TIME Minutes</b>	<b>PROPS</b>
<b>0</b>	<p><b>Set up space &amp; equipment. Agree goals.</b></p> <p>Locate training area close to handsink and electric outlets. Adjust material quantities and time to class size.</p>		<p>Monitor/TV, check sound “Why/When/How” DVD &amp; player Tables/chairs Table Tents (for team names) Markers Calculator</p>
<b>1</b>	<p><b>Screen The “Why Wash” Segment</b></p> <p>Discuss hygiene facts, misconceptions, cross-contamination, fecal-hand-oral route and susceptible patients and staff. Agree job-critical accountability.</p>	5	Top Five hygiene facts
<b>2</b>	<p><b>When to wash – MyQ Commitment</b></p> <p>Handout MyQ sheets. Team assesses &amp; sets Safe Level frequency using MyQ.</p>	10	MyQ templates for each trainee
<b>3</b>	<p><b>How to wash – ProGrade Skills Training</b></p> <p>Explain ProGrade scoring system Glo Germ application Example of “Splash &amp; Dash” Timed handwashes</p>	10	<p>ProGrade Scorecards Glo Germ Lotion “CSI” UV Light, timer, calculator Sink/faucet, soap, paper towels [Sanitizer/glove options] Option: Shoe polish, toilet paper</p>
<b>4</b>	<p><b>Team Tally Competition</b></p> <p>Use <b>ProGrade</b> scorecards to grade each handwash &amp; discuss missed areas.</p>	10	(Individual and team scores are calculated as they are completed.)
<b>5</b>	<p><b>PLEDGE OF PROFESSIONALISM</b></p> <p>Read aloud together. Each team member signs the Pledge.</p>	5	<p>Pledge of Professionalism poster, signature pen Pledge holder (to post above handwash sink in breakroom)</p>
<b>6</b>	<p><b>CERTIFICATES AND AWARDS</b></p> <p>Award all team members with a certificate. Award medals to winning team and take photo.</p>		<p>Training Program Certificates Handwashing For Life Medals Digital camera</p>

